

## Nutrition Facts

Serving Size 1 Bar (35g)  
Servings Per Container 1

### Amount Per Serving

Calories 180 Calories from Fat 110

	% Daily Value*
<b>Total Fat</b> 12g	<b>18%</b>
Saturated Fat 7g	<b>36%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>1%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 21g	<b>7%</b>
Dietary Fiber 2g	<b>9%</b>
Sugars 17g	
<b>Protein</b> 2g	
Vitamin A 0% • Vitamin C 0%	
Calcium 0% • Iron 6%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## dark bar

8/25/2009

INGREDIENTS: Dark Chocolate (Sugar, Chocolate Liquor, Cocoa Butter, Anhydrous Milk Fat, Soy Lecithin (an Emulsifier), and Vanillin (an artificial flavoring)).

Contains: Milk,  
Soy

May Contain:  
Peanuts,  
Pecans,  
Almonds,  
Cashews,  
Coconut,  
Eggs and Wheat